

SPORTS & FITNESS

Sports Performance Program Starting December 2nd:

- 15-Week Progressive Training: Experience structured athletic enhancements with testing at the start, midway, and end to visibly track your progress.
- Specialized for Youth: Tailored specifically for high and middle school athletes aiming to elevate their sports performance.
- Enhance Key Skills: Improve strength, speed, jumping ability, balance, and overall athletic performance under expert guidance.
- Success Stories: Join our community of athletes who have advanced to higher levels, including collegiate sports.
- Elite Training Environment: Train at G3 Sports, the premier facility for developing top-tier athletes, with state-of-the-art equipment and coaching.

VISIT OUR WEBSITE TO SIGN-UP

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