## Corvallis School District Middle School Menu 2024-2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
	French Toast Sticks V Pancake Sausage Wraps DF	Blueberry Sheet Pan Pancakes V Assorted Breakfast Sandwiches P	Assorted Waffles V Breakfast Burritos	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V	SEE ON OFFICE AND A SEE OF THE OFFI	Corvallis school district			
	Country Fried Chicken Bowl	Meatball Sandwich	Chicken Nuggets & Fries DF	Bean & Cheese Enchiladas V	Assorted Homemade Pizza V P					
Week 1	Cheesy Tear Apart Breadsticks & Marinara V	Turkey Hot Dog & Fries DF	Chicken Stir Fry	Nacho Bar V P DF GF	Corndog w/Fries DF	Additional Meal Prices	Under the <u>Community Eligibility</u> <u>Provision</u> from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free reimbursable breakfast and			
						Breakfast: \$2.50	lunch, regardless of income.			
	French Toast Sticks V Pancake Sausage Wraps DF	Blueberry Sheet Pan Pancakes V Assorted Breakfast Sandwiches P	Assorted Waffles V Breakfast Burritos	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V	\$2.50	Families do not need to fill out free and reduced lunch			
	, , , , , , , , , , , , , , , , , , , ,					Lunch: \$3.50	applications for these benefits.  Reimbursable Meals:			
	Hamburger DF or Cheeseburger &	Creamy Mac & Cheese V	Tex-Mex Bowl	Chicken Chili Verde	Assorted Homemade Pizza V P	ψο.σσ	Breakfast: At least 3 food items			
Week 2	Fries	Carolina BBQ Rubbed Chicken w/	Chicken Banh Mi Sandwich DF	Quesadilla	Chicken Strips & Fries DF	Milk: <b>\$0.75</b>	being offered including <u>at least</u> 1/2 cup of a fruit or vegetable.			
	Chili w/Cornbread ∨	Mashed Potatoes		Nacho Bar V P DF GF		Offered Daily!	Lunch: At least 3 of the 5 meal components offered including at least a 1/2 cup of fruit or vegetable.			
	French Toast Sticks V Pancake Sausage Wraps DF	Blueberry Sheet Pan Pancakes V Assorted Breakfast Sandwiches P	Assorted Waffles V Breakfast Burritos	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V	Breakfast: Assorted	Meal Components: Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk			
Week 3	Chicken Patty Sandwich & Fries DF Chicken Gravy w/Mashed Potatoes & Roll	Spaghetti & Meat Sauce w/ Breadstick DF BBQ Chicken Sandwich DF	Popcorn Chicken & Fries DF Chicken Stir Fry	Southwest Chicken Quesadilla  Nacho Bar V P DF GF	Assorted Homemade Pizza V P  Corndog w/Fries DF	Cereal, Breakfast Bars, Assorted Muffins, Fresh Fruit or Juice, Milk	To add funds to your student's meal account visit <u>LINQ Connect</u> , or cash and check are also accepted at our schools. Parents are responsible for maintaining sufficient funds in student meal accounts.			
						Lunch: PB&J, Assorted Sandwiches, Salad Bar,	For information regarding school meals and lunch accounts contact:			
	French Toast Sticks V Pancake Sausage Wraps DF	Blueberry Sheet Pan Pancakes V Assorted Breakfast Sandwiches P	Assorted Waffles V Breakfast Burritos	Freshly Baked Cinnamon Roll V Yogurt Parfait V	Assorted Breakfast Sandwiches P Whole Grain Donuts V	Assorted Fruits and Veggies, Milk	Nutrition Services 541-757-5859 nutritionservices@corvallis.k12.or.us Menus are subject to change, please refer to school day calendar for days in session			
	Hamburger DF or Cheeseburger &	Chicken Alfredo	Cheesy Garlic Bread w/Marinara V	Bean & Cheese Burrito V	Assorted Homemade Pizza V P	Dietary Key				
Week 4	Fries Chili w/Cornbread V	Carolina BBQ Rubbed Chicken w/ Mashed Potatoes	Tex-Mex Bowl	Nacho Bar ∨ P DF GF	Chicken Strips & Fries DF	GF: Does not P: Contains IV: Vegetario	t contain gluten ingredients contain dairy ingredients Pork			

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups.

The following persons have been designated to handle inquiries regarding discrimination:

Rynda Gregory, Human Resources Administrator and Title IX Coordinator: rynda.gregory@corvallis.k12.or.us; 971-217-6309; Melissa Harder, Assistant Superintendent and Title II Oversight: melissa.harder@corvallis.k12.or.us; Sabrina Wood, Special Education Coordinator and ADA Title II Complaints: sabrina.wood@corvallis.k12.or.us

This Institution is an equal opportunity provider.

September 2024 Oct					October 2024					November 2024					December 2024						January 2025						February 2025						March 2025					April 2025						May 2025					June 2025								
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