

real | local | moms since 2005

Mid-Valley | Feb / Mar 2025

# MOM MAGAZINE™

FREE



Read online at [mommag.com](http://mommag.com)  
or pick up a copy at local retailers.



COVER MOM  
CARIE LICHTY

IT'S OUR BIRTHDAY!  
MOM MAG TURNS 20

LET THEM COOK:  
RECIPES FOR KIDS

The Corvallis School District does not necessarily sponsor this organization or its activities. The District assumes no liability for its contents or events arising out of this distribution.