Corvallis School District Middle School Menu 2024-2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	French Toast Sticks V Pancake Sausage Wraps DF Country Fried Chicken Bowl Cheesy Tear Apart Breadsticks & Marinara V	Blueberry Sheet Pan Pancakes V Assorted Breakfast Sandwiches P Meatball Sandwich Turkey Hot Dog & Fries DF	Assorted Waffles V Breakfast Burritos Chicken Nuggets & Fries DF Chicken Stir Fry	Freshly Baked Cinnamon Roll V Yogurt Parfait V Bean & Cheese Enchiladas V Nacho Bar V P DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Corndog w/Fries DF
Week 2	French Toast Sticks V Pancake Sausage Wraps DF Hamburger DF or Cheeseburger & Fries Chili w/Cornbread V	Blueberry Sheet Pan Pancakes V Assorted Breakfast Sandwiches P Creamy Mac & Cheese V Carolina BBQ Rubbed Chicken w/ Mashed Potatoes	Assorted Waffles V Breakfast Burritos Tex-Mex Bowl Chicken Banh Mi Sandwich DF	Freshly Baked Cinnamon Roll V Yogurt Parfait V Chicken Chili Verde Quesadilla Nacho Bar V P DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Chicken Strips & Fries DF
Week 3	French Toast Sticks V Pancake Sausage Wraps DF Chicken Patty Sandwich & Fries DF Chicken Gravy w/Mashed Potatoes & Roll	Blueberry Sheet Pan Pancakes V Assorted Breakfast Sandwiches P Spaghetti & Meat Sauce w/ Breadstick DF BBQ Chicken Sandwich DF	Assorted Waffles V Breakfast Burritos Popcorn Chicken & Fries DF Chicken Stir Fry	Freshly Baked Cinnamon Roll V Yogurt Parfait V Southwest Chicken Quesadilla Nacho Bar V P DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Corndog w/Fries DF
Week 4	French Toast Sticks V Pancake Sausage Wraps DF Hamburger DF or Cheeseburger & Fries Chili w/Cornbread V	Blueberry Sheet Pan Pancakes V Assorted Breakfast Sandwiches P Chicken Alfredo Carolina BBQ Rubbed Chicken w/ Mashed Potatoes	Assorted Waffles V Breakfast Burritos Cheesy Garlic Bread w/Marinara V Tex-Mex Bowl	Freshly Baked Cinnamon Roll V Yogurt Parfait V Bean & Cheese Burrito V Nacho Bar V P DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Chicken Strips & Fries DF

Corvallis SCHOOL DISTRICT

Additional Meal Prices

Breakfast: **$2.50**

Lunch: **$3.50**

Milk: **$0.75**

Offered Daily!

Breakfast: Assorted Cereal, Breakfast Bars, Assorted Muffins, Fresh Fruit or Juice, Milk

Lunch: PB&J, Assorted Sandwiches, Salad Bar, Assorted Fruits and Veggies, Milk

Under the Community Eligibility Provision from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free reimbursable breakfast and lunch, regardless of income. **Families do not need to fill out free and reduced lunch applications for these benefits.**

Reimbursable Meals:

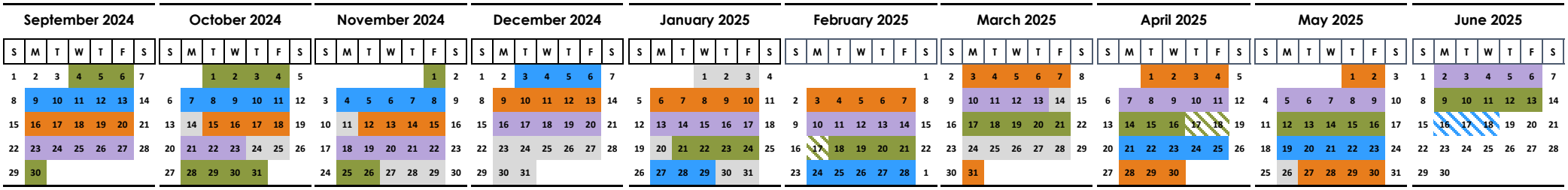
Breakfast: At least 3 food items being offered including at least 1/2 cup of a fruit or vegetable.

Lunch: At least 3 of the 5 meal components offered including at least a 1/2 cup of fruit or vegetable.

Meal Components: Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk

To add funds to your student's meal account visit LINQ Connect, or cash and check are also accepted at our schools. Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals and lunch accounts contact:
Nutrition Services
541-757-5859
nutritionservices@corvallis.k12.or.us
Menus are subject to change, please refer to school day calendar for days in session

Dietary Key:
GF: Does not contain gluten ingredients
DF: Does not contain dairy ingredients
P: Contains Pork
V: Vegetarian
Fruit & Vegetable always GF DF

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups.
The following persons have been designated to handle inquiries regarding discrimination:
Rynda Gregory, Human Resources Administrator and Title IX Coordinator: rynda.gregory@corvallis.k12.or.us, 971-217-6309; Melissa Harder, Assistant Superintendent and Title II Oversight: melissa.harder@corvallis.k12.or.us;
Sabrina Wood, Special Education Coordinator and ADA Title II Complaints: sabrina.wood@corvallis.k12.or.us
This Institution is an equal opportunity provider.