Corvallis School District Garfield Elementary School Menu 2024-2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	**Buttermilk Bar** V **Assorted Breakfast Cereal** V GF Apple Slices Salad Bar Fruit Assortment **Chicken Patty Sandwich** DF Cauliflower Orange Slices *Turkey and Cheese Sandwich*	**Mini Cinnis** V **Assorted Breakfast Cereal** V GF Banana Salad Bar Fruit Assortment **Cheesy Tear Apart Breadsticks & Marinara** V Carrots Apple *Parmesan Chicken Caesar Wrap*	**Freshly Baked Cinnamon Roll** V **Assorted Breakfast Cereal** V GF Orange Slices Salad Bar Fruit Assortment **Creamy Mac and Cheese** V Cucumber Pears *Turkey Banh Mi Sandwich*	**Mini Buttery Maple Waffles** V **Assorted Breakfast Cereal** V GF 100% Juice Salad Bar Fruit Assortment **Mini Corn Dogs** DF Celery Applesauce *Ham and Cheese Sandwich* P	**Assorted Muffins** V **Assorted Breakfast Cereal** V GF Apple Slices Salad Bar Fruit Assortment **Moo Lunch** V Broccoli Apple *Ham Italian Sandwich* P
Week 2	**Benefit Bars** V **Assorted Breakfast Cereal** V GF Apple Slices Salad Bar Fruit Assortment **Hamburger** DF Cauliflower Orange Slices *Turkey and Cheese Sandwich*	**Mini Donut Bites** V **Assorted Breakfast Cereal** V GF Banana Salad Bar Fruit Assortment **Chicken Nuggets & Breadstick** DF Carrots Apple *Parmesan Chicken Caesar Wrap*	**Breakfast Round** V **Assorted Breakfast Cereal** V GF Orange Slices Salad Bar Fruit Assortment **Turkey Hot Dog** DF Cucumber Pears *Turkey Banh Mi Sandwich*	**Mini Blueberry Waffles** V **Assorted Breakfast Cereal** V GF 100% Juice Salad Bar Fruit Assortment **Cheese Pizza** V Celery Applesauce *Ham and Cheese Sandwich* P	**Banana Bread** V **Assorted Breakfast Cereal** V GF Apple Slices Salad Bar Fruit Assortment **Munch Lunch** DF Broccoli Apple *Ham Italian Sandwich* P
Week 3	**Buttermilk Bar** V **Assorted Breakfast Cereal** V GF Apple Slices Salad Bar Fruit Assortment **BBQ Chicken Sandwich** DF Cauliflower Orange Slices *Turkey and Cheese Sandwich*	**Mini Cinnis** V **Assorted Breakfast Cereal** V GF Banana Salad Bar Fruit Assortment **Cheesy Tear Apart Breadsticks & Marinara** V Carrots Apple *Parmesan Chicken Caesar Wrap*	**Freshly Baked Cinnamon Roll** V **Assorted Breakfast Cereal** V GF Orange Slices Salad Bar Fruit Assortment **Spaghetti & Meat Sauce** DF Cucumber Pears *Turkey Banh Mi Sandwich*	**Mini Buttery Maple Waffles** V **Assorted Breakfast Cereal** V GF 100% Juice Salad Bar Fruit Assortment **Bean and Cheese Burrito** V Celery Applesauce *Ham and Cheese Sandwich* P	**Assorted Muffins** V **Assorted Breakfast Cereal** V GF Apple Slices Salad Bar Fruit Assortment **Moo Lunch** V Broccoli Apple *Ham Italian Sandwich* P
Week 4	**Benefit Bars** V **Assorted Breakfast Cereal** V GF Apple Slices Salad Bar Fruit Assortment **Fish & Chips** Cauliflower Orange Slice *Turkey and Cheese Sandwich*	**Mini Donut Bites** V **Assorted Breakfast Cereal** V GF Banana Salad Bar Fruit Assortment **Vegetarian Three Bean Chili** V Carrots Apple *Parmesan Chicken Caesar Wrap*	**Breakfast Round** V **Assorted Breakfast Cereal** V GF Orange Slices Salad Bar Fruit Assortment **Cheese Pizza** V Cucumber Pears *Turkey Banh Mi Sandwiches*	**Mini Blueberry Waffles** V **Assorted Breakfast Cereal** V GF 100% Juice Salad Bar Fruit Assortment **Chicken Strips & Breadstick** DF Celery Applesauce *Ham and Cheese Sandwich* P	**Banana Bread** V **Assorted Breakfast Cereal** V GF Apple Slices Salad Bar Fruit Assortment **Munch Lunch** Broccoli Apple *Ham Italian Sandwich* P

Corvallis SCHOOL DISTRICT

Additional Meal Prices

Breakfast: **$2.50**

Lunch: **$3.25**

Milk: **$0.75**

Offered Daily!

Breakfast:
Assorted Cereal, Fresh Fruit or Juice, Milk

Lunch:
PB&J, Salad Bar, Assorted Fruits and Veggies, Milk

Under the Community Eligibility Provision from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free reimbursable breakfast and lunch, regardless of income. **Families do not need to fill out free and reduced lunch applications for these benefits.**

Reimbursable Meals:

Breakfast: At least 3 food items being offered including at least 1/2 cup of a fruit or vegetable.

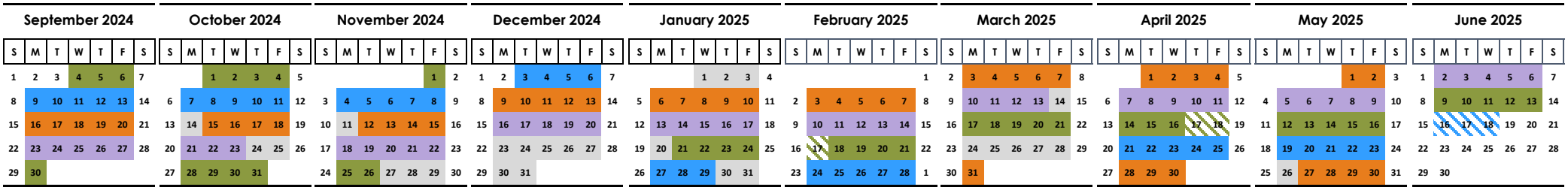
Lunch: At least 3 of the 5 meal components offered including at least a 1/2 cup of fruit or vegetable.

Meal Components: Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk

To add funds to your student's meal account visit LINQ Connect, or cash and check are also accepted at our schools. Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals and lunch accounts contact:
Nutrition Services
541-757-5859
nutritionservices@corvallis.k12.or.us
Menus are subject to change, please refer to school day calendar for days in session

Dietary Key:

GF: Does not contain gluten ingredients
DF: Does not contain dairy ingredients
P: Contains Pork
V: Vegetarian
Fruit & Vegetable always GF DF

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups.
The following persons have been designated to handle inquiries regarding discrimination:
Rynda Gregory, Human Resources Administrator and Title IX Coordinator: rynda.gregory@corvallis.k12.or.us, 971-217-6309; Melissa Harder, Assistant Superintendent and Title II Oversight: melissa.harder@corvallis.k12.or.us;
Sabrina Wood, Special Education Coordinator and ADA Title II Complaints: sabrina.wood@corvallis.k12.or.us
This Institution is an equal opportunity provider.