

Corvallis School District Middle School Menu 2024-2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	French Toast Sticks V Pancake Sausage Dogs DF Country Fried Chicken Bowl Cheesy Tear Apart Breadsticks & Marinara V	Cheesy Rolls V Assorted Breakfast Sandwiches P Meatball Sandwich Turkey Hot Dog & Fries DF	Assorted Waffles V Mini Doughnut Bites V Chicken Nuggets & Fries DF Chicken Stir Fry	Freshly Baked Cinnamon Roll V Yogurt Parfait V Bean & Cheese Enchiladas V Nacho Bar V P DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P BBQ Grilled Chicken Sandwich w/ Fries
Week 2	French Toast Sticks V Pancake Sausage Dogs DF Pancakes, Hashbrowns & Eggs Corn dog & Fries DF	Cheesy Rolls V Assorted Breakfast Sandwiches P Creamy Mac & Cheese V Hamburger DF or Cheeseburger & Fries	Assorted Waffles V Mini Doughnut Bites V Teriyaki Chicken & Rice DF Chicken Strips & Fries DF	Freshly Baked Cinnamon Roll V Yogurt Parfait V Chicken Chili Verde Quesadilla Nacho Bar V P DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Chicken Banh Mi Sandwich DF
Week 3	French Toast Sticks V Pancake Sausage Dogs DF Chicken Patty Sandwich & Fries DF Chicken Gravy w/Mashed Potatoes & Roll	Cheesy Rolls V Assorted Breakfast Sandwiches P Spaghetti & Meat Sauce w/ Breadstick DF BBQ Chicken Sandwich DF	Assorted Waffles V Mini Doughnut Bites V Popcorn Chicken & Fries DF Chicken Stir Fry	Freshly Baked Cinnamon Roll V Yogurt Parfait V Southwest Chicken Quesadilla Nacho Bar V P DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Carolina BBQ Rubbed Chicken w/ Mashed Potatoes
Week 4	French Toast Sticks V Pancake Sausage Dogs DF Chicken Strips & Fries DF Mini Corndogs w/Fries DF	Cheesy Rolls V Assorted Breakfast Sandwiches P Chicken Alfredo Hamburger DF or Cheeseburger & Fries	Assorted Waffles V Mini Doughnut Bites V Cheesy Garlic Bread w/Marinara V Orange Chicken & Rice DF	Freshly Baked Cinnamon Roll V Yogurt Parfait V Bean & Cheese Burrito V Nacho Bar V P DF GF	Assorted Breakfast Sandwiches P Whole Grain Donuts V Assorted Homemade Pizza V P Pretzels w/Cheese Sauce V



Additional Meal Prices

Breakfast: **\$2.50**
Lunch: **\$3.50**
Milk: **\$0.75**

Offered Daily!

Breakfast: Assorted Cereal, Breakfast Bars, Assorted Muffins, Fresh Fruit or Juice, Milk
Lunch: PB&J, Assorted Sandwiches, Salad Bar, Assorted Fruits and Veggies, Milk

Meal Components: Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk

To add funds to your student's meal account visit [LINQ Connect](#), or cash and check are also accepted at our schools. Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals and lunch accounts contact:
Nutrition Services
541-757-5859
nutritionservices@corvallis.k12.or.us
Menus are subject to change, please refer to school day calendar for days in session

Dietary Key:
GF: Does not contain gluten ingredients
DF: Does not contain dairy ingredients
P: Contains Pork
V: Vegetarian
 Fruit & Vegetable always **GF DF**

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups.

The following persons have been designated to handle inquiries regarding discrimination:

Rynda Gregory, Human Resources Administrator and Title IX Coordinator: rynda.gregory@corvallis.k12.or.us, 971-217-6309; Melissa Harder, Assistant Superintendent and Title II Oversight: melissa.harder@corvallis.k12.or.us;

Sabrina Wood, Special Education Coordinator and ADA Title II Complaints: sabrina.wood@corvallis.k12.or.us

This Institution is an equal opportunity provider.

