Corvallis School District High School Menu 2024-2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Yogurt Parfait V Whole Grain Donuts V Teriyaki Chicken & Rice DF Assorted Homemade Pizza V P	Assorted Waffles & Sausage Links P Assorted Breakfast Sandwiches P BBQ Pulled Pork Sandwich P DF Chicken Fajitas	Pancake Sausage Dogs DF Biscuits & Gravy Macaroni & Cheese w/Chicken Strips Carnitas Chili Verde Pork Quesadilla P	Freshly Baked Cinnamon Roll V Breakfast Burritos Pancakes, Scrambled Egg, & Pork Sausage Links P BBQ Grilled Chicken Sandwich & Fries	French Toast Sticks & Hashbrown Potato Triangles Pancakes & Sausage Links P Chicken Patty Sandwich & Fries DF Meatloaf w/Gravy, Mashed Potatoes, & Roll
Week 2	Yogurt Parfait V Whole Grain Donuts V Assorted Homemade Pizza V P Chicken Parmesan Over Pasta	Assorted Waffles & Sausage Links P Assorted Breakfast Sandwiches P Pulled Pork Cubano Sandwich P Cheesy Garlic Bread w/Marinara V	Pancake Sausage Dogs DF Biscuits & Gravy Chicken Cordon Bleu Sandwich & Fries P Orange Chicken & Rice DF	Freshly Baked Cinnamon Roll V Breakfast Burritos Corndog & Fries DF Ground Beef Pasta Bake w/ Roll	French Toast Sticks & Hashbrown Potato Triangles Pancakes & Sausage Links P Hamburger DF or Cheeseburger & Fries Country Fried Chicken Bowl
Week 3	Yogurt Parfait V Whole Grain Donuts V Macaroni & Cheese w/Chicken Strips Assorted Homemade Pizza V P	Assorted Waffles & Sausage Links P Assorted Breakfast Sandwiches P Turkey Hot Dog & Fries DF Bean and Cheese Enchiladas V	Pancake Sausage Dogs DF Biscuits & Gravy Southwest Chicken Quesadilla Spaghetti & Meat Sauce w/ Breadstick DF	Freshly Baked Cinnamon Roll V Breakfast Burritos Pancakes, Scrambled Egg, & Pork Sausage Links P BBQ Chicken Sandwich & Fries DF	French Toast Sticks & Hashbrown Potato Triangles Pancakes & Sausage Links P Beef Patty w/ Mashed Potato & Gravy & Roll Pork Banh Mi Sandwich P DF
Week 4	Yogurt Parfait V Whole Grain Donuts V Assorted Homemade Pizza V P Pulled Pork Cubano Sandwich P	Assorted Waffles & Sausage Links P Assorted Breakfast Sandwiches P Popcorn Chicken w/Fries & Roll DF Chicken Stir fry	Pancake Sausage Dogs DF Biscuits & Gravy Carolina BBQ Rubbed Chicken w/ Mashed Potato & Cornbread Bean and Cheese Burrito with Chips & Cheese Sauce V	Freshly Baked Cinnamon Roll V Breakfast Burritos Chicken Alfredo w/ Garlic Bread Mini Corndogs & Pretzel w/Cheese	French Toast Sticks & Hashbrown Potato Triangles Pancakes & Sausage Links P Hamburger DF or Cheeseburger & Fries Country Strips w/Mashed Potatoes, Gravy & Roll

Corvallis SCHOOL DISTRICT

Additional Meal Prices

Breakfast: **$2.50**

Lunch: **$3.75**

Milk: **$0.75**

Offered Daily!

Breakfast: Assorted Cereal, Breakfast Bars, Assorted Muffins, Fresh Fruit or Juice, Milk

Lunch: PB&J, Assorted Sandwiches, Salad Bar, Assorted Fruits and Veggies, Milk

Under the Community Eligibility Provision from the United States Department of Agriculture (USDA), beginning July 1, 2024, all students qualify for a free reimbursable breakfast and lunch, regardless of income. **Families do not need to fill out free and reduced lunch applications for these benefits.**

Reimbursable Meals:

Breakfast: At least 3 food items being offered including at least 1/2 cup of a fruit or vegetable.

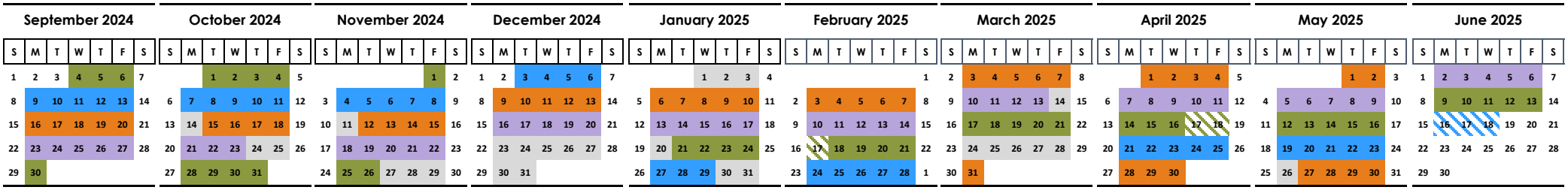
Lunch: At least 3 of the 5 meal components offered including at least a 1/2 cup of fruit or vegetable.

Meal Components: Meat/Meat Alternative, Grain, Fruit, Vegetable, Milk

To add funds to your student's meal account visit LINQ Connect, or cash and check are also accepted at our schools. Parents are responsible for maintaining sufficient funds in student meal accounts.

For information regarding school meals and lunch accounts contact:
Nutrition Services
541-757-5859
nutritionservices@corvallis.k12.or.us
Menus are subject to change, please refer to school day calendar for days in session

Dietary Key:

GF: Does not contain gluten ingredients
DF: Does not contain dairy ingredients
P: Contains Pork
V: Vegetarian
Fruit & Vegetable always GF DF

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups.
The following persons have been designated to handle inquiries regarding discrimination:
Rynda Gregory, Human Resources Administrator and Title IX Coordinator: rynda.gregory@corvallis.k12.or.us, 971-217-6309; Melissa Harder, Assistant Superintendent and Title II Oversight: melissa.harder@corvallis.k12.or.us;
Sabrina Wood, Special Education Coordinator and ADA Title II Complaints: sabrina.wood@corvallis.k12.or.us
This Institution is an equal opportunity provider.