Corvallis School District Garfield Elementary School Menu 2024-2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Week 1	Benefit Bar V Assorted Breakfast Cereal V GF Apple Slices Salad Bar Fruit Assortment Chicken Cordon Blue Sandwich P Cauliflower	Strawberry Cheese Filled Bagels V Assorted Breakfast Cereal V GF Banana Salad Bar Fruit Assortment Cheesy Tear Apart Breadsticks & Maringra V	Freshly Baked Cinnamon Roll V Assorted Breakfast Cereal V GF Orange Slices Salad Bar Fruit Assortment Mac and Cheese V Cucumber	Mini Buttery Maple Waffles V Assorted Breakfast Cereal V GF 100% Juice Salad Bar Fruit Assortment Mini Corn Dogs DF Celery	Assorted Muffins V Assorted Breakfast Cereal V GF Apple Slices Salad Bar Fruit Assortment Moo Lunch V Broccoli		Corvallis SCHOOL DISTRICT	
	Orange Slices Turkey and Cheese Sandwich	Carrots Apple Parmesan Chicken Caesar Wrap	Pears Turkey Banh Mi Sandwich DF	Applesauce Ham and Cheese Sandwich P	Apple Ham Italian Sandwich P	Meal Prices Breakfast: \$2.30	Family applications to qualify for Federal Free or Reduced Meals or Oregon EIG can be found on the Corvallis School District website Food & Nutrition Services page or on the Oregon Dept, of Education	
	Banana Bread V Assorted Breakfast Cereal V GF Apple Slices Salad Bar Fruit Assortment	Cheesy Roll V Assorted Breakfast Cereal V GF Banana Salad Bar Fruit Assortment	Breakfast Round V Assorted Breakfast Cereal V GF Orange Slices Salad Bar Fruit Assortment	Mini Blueberry Waffles V Assorted Breakfast Cereal V GF 100% Juice Salad Bar Fruit Assortment	Apple Frudel V Assorted Breakfast Cereal V GF Apple Slices Salad Bar Fruit Assortment	\$2.30 Lunch: \$3.60	website. Paper applications are also accepted.	
Week 2	Hamburger DF Cauliflower Orange Slices	Chicken Nuggets & Breadstick DF Carrots Apple	Turkey Hot Dog DF Cucumber Pears	Cheese Pizza V Celery Applesauce	Munch Lunch DF Broccoli Apple	Milk: \$0.60	To add funds to your student's meal account visit LINQ Connect or cash and check are accepted at our schools Parents are responsible for maintaining sufficient funds in student meal accounts	
	Turkey and Cheese Sandwich	Parmesan Chicken Caesar Wrap	Turkey Banh Mi Sandwich DF	Ham and Cheese Sandwich P	Ham Italian Sandwich P	Offered Daily!		
Week 3	Benefit Bar V Assorted Breakfast Cereal V GF Apple Slices Salad Bar Fruit Assortment BBQ Pulled Pork Sandwich P DF Cauliflower Orange Slices Turkey and Cheese Sandwich	Strawberry Cheese Filled Bagels V Assorted Breakfast Cereal V GF Banana Salad Bar Fruit Assortment Pancake & Sausage Links P Carrots Apple Parmesan Chicken Caesar Wrap	Freshly Baked Cinnamon Roll V Assorted Breakfast Cereal V GF Orange Slices Salad Bar Fruit Assortment Spaghetti & Meat Sauce DF Cucumber Pears Turkey Banh Mi Sandwich DF	Mini Buttery Maple Waffles V Assorted Breakfast Cereal V GF 100% Juice Salad Bar Fruit Assortment Bean and Cheese Burrito V Celery Applesauce Ham and Cheese Sandwich P	Assorted Muffins V Assorted Breakfast Cereal V GF Apple Slices Salad Bar Fruit Assortment Moo Lunch V Broccoli Apple Ham Italian Sandwich P	Breakfast: Assorted Cereal, Bars, Muffins, Assorted Fruits <u>Lunch:</u> Assorted Sand- wiches, PB&J, Salad Bar, Fruits, and Veggies	For information regarding school meals, meal applications and lunch accounts contact: Nutrition Services 541-757-5859 nutritionservices@corvallis.k12.or.us Menus are subject to change, please refer to school day calendar for days in session	
Week 4	Banana Bread V Assorted Breakfast Cereal V GF Apple Slices Salad Bar Fruit Assortment Meatball Sandwich Cauliflower Orange Slice Turkey and Cheese Sandwich	Cheesy Roll V Assorted Breakfast Cereal V GF Banana Salad Bar Fruit Assortment Teriyaki Chicken & Rice DF Carrots Apple Parmesan Chicken Caesar Wrap	Breakfast Round V Assorted Breakfast Cereal V GF Orange Slices Salad Bar Fruit Assortment Cheese Pizza V Cucumber Pears Turkey Banh Mi Sandwiches DF	Mini Blueberry Waffles V Assorted Breakfast Cereal V GF 100% Juice Salad Bar Fruit Assortment Chicken Strips & Breadstick DF Celery Applesauce Ham and Cheese Sandwich P	Apple Frudel V Assorted Breakfast Cereal V GF Apple Slices Salad Bar Fruit Assortment Munch Lunch DF Broccoli Apple Ham Italian Sandwich P	DF: Does not o P: Contains Po V: Vegetariar	Dietary Key: GF: Does not contain gluten ingredients DF: Does not contain dairy ingredients P: Contains Pork V: Vegetarian Fruit & Vegetable always GF DF	

The Corvallis School District does not discriminate on the basis of age, citizenship, color, disability, gender expression, gender identity, national origin, parental or marital status, race, religion, sex, or sexual orientation in its programs and activities, and provides equal access to designated youth groups.

The following persons have been designated to handle inquiries regarding discrimination:

Rynda Gregory, Human Resources Administrator and Title IX Coordinator: rynda.gregory@corvallis.k12.or.us, 971-217-6309; Melissa Harder, Assistant Superintendent and Title II Oversight: melissa.harder@corvallis.k12.or.us;

Sabrina Wood, Special Education Coordinator and ADA Title II Complaints: sabrina.wood@corvallis.k12.or.us

This Institution is an equal opportunity provider.

September 2024	October 2024	November 2024	December 2024	January 2025	February 2025	March 2025	April 2025	May 2025	June 2025
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4 5 6 7	1 2 3 4 5	1 2	1 2 3 4 5 6 7	1 2 3 4	1	2 3 4 5 6 7 8	1 2 3 4 5	1 2 3	1 2 3 4 5 6 7
8 9 10 11 12 13 14	6 7 8 9 10 11 12	3 4 5 6 7 8 9	8 9 10 11 12 13 14	5 6 7 8 9 10 11	2 3 4 5 6 7 8	9 10 11 12 13 14 15	6 7 8 9 10 11 12	4 5 6 7 8 9 10	8 9 10 11 12 13 14
15 16 17 18 19 20 21	13 14 15 16 17 18 19	10 11 12 13 14 15 16	15 16 17 18 19 20 21	12 13 14 15 16 17 18	9 10 11 12 13 14 15	16 17 18 19 20 21 22	13 14 15 16 17 18 19	11 12 13 14 15 16 17	15 16 17 18 19 20 21
22 23 24 25 26 27 28	20 21 22 23 24 25 26	17 18 19 20 21 22 23	22 23 24 25 26 27 28	19 20 21 22 23 24 25	16 17 18 19 20 21 22	23 24 25 26 27 28 29	20 21 22 23 24 25 26	18 19 20 21 22 23 24	22 23 24 25 26 27 28
29 30	27 28 29 30 31	24 25 26 27 28 29 30	29 30 31	26 27 28 29 30 31	23 24 25 26 27 28 1	30 31	27 28 29 30	25 26 27 28 29 30 31	29 30